

Station 8: The Pure in Heart

Blessed are the pure in heart, for they will see God. Matthew 5:8



You are blessed when you get your inside world – your heart and mind – put right.
Then you can see God in the outside world (the Message Matthew 5:8)

When we hear about climate change and the undeniable consequences of human-caused global warming it can arouse many different feelings and thoughts. Some may have a sense of disbelief and feel cynical about the actions people are taking to address the looming crises, some may feel self-righteous and angry towards those who show complaisance and refuse to change, others may feel hopeless and fearful and withdraw from their communities.

We need to work hard to control the Pharisee who lurks in our hearts, making us feel superior to others, while sowing seeds of pride or self-doubt.

Our actions will express what really lies in our hearts and so we need to keep a constant look out on our hearts to ensure they remain pure,

Our God is love, so he can only be seen by loving hearts, by those whose intentions are pure and selfless

We are blessed when we examine and know our hearts.

We are blessed when we test our anxious thoughts.

We are blessed when we are willing to refuse illusion and trust in God.