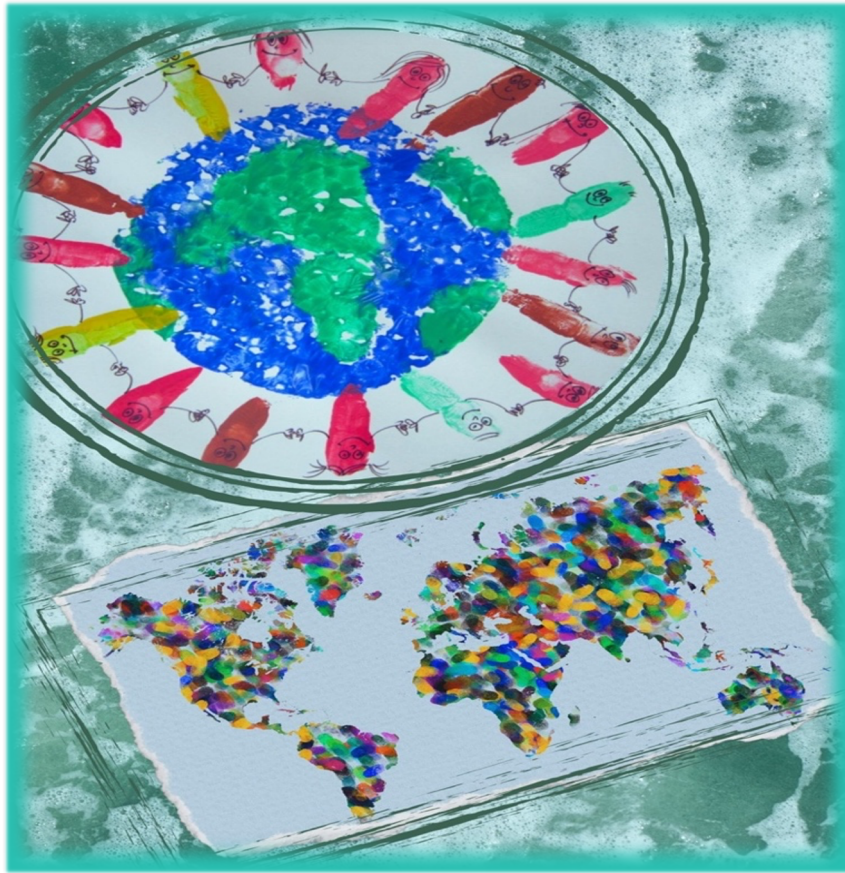


Station 4: The Meek

Blessed are the meek for they will inherit the earth

Matthew 5:5



You're blessed when you're content with just who you are - no more, no less.
That's the moment you find yourself the proud owners of everything that can't be bought.

The Message- Eugene H Peterson

The meek are not hungry for power. They know they exist only within a web of relationships.

They realise that they are members of a community of subjects, not manipulators of various members of the Earth community.

They do not want to exploit the earth's resources or other living creatures to make their own lives more comfortable.

They are aware of the illusion of separation which causes us to think humans are superior to animals or the material earth.

They see the earth, waters and skies as part of their community.

We are blessed when we trust meekness and humility to guide us in a kinder approach to the earth: the land and its inhabitants.

Blessed are the individuals and organisations who join the meek of creation by working alongside them giving their time and energy to protect and preserve those that are defenceless