

Station 4: Blessed are the meek for they will inherit the earth

Matthew 5:5

We are blessed when we trust meekness and humility to guide us in a kinder approach to the earth: the land and its inhabitants.



Blessed are the individuals and organisations who join the meek of creation by working alongside them giving their time and energy to protect and preserve those that are defenceless

I recall with gratitude my relationship with all living creatures and the earth's bountiful resources

- ◆ Recall a time when you chose to respond with tenderness and kindness in a relationship. What did it feel like?
- ◆
- ◆ Looking back at what you have seen and heard today, in what ways do you feel invited to reconsider your relationship *to the natural world*?

The more we love, the more love we have to offer. So it is, with God's love for us. It is inexhaustible.

Mary C. Neal

I ask for the grace to reconcile my relationship with God, creation, and humanity. I ask for the humility to reconsider my relationships with minerals, plants, animals and humans.

Invitation to action:

- ◆ Take time to look at the map of the world & notice what comes to mind.
- ◆ Use the paints or mud to add your fingerprints as a symbol of solidarity
- ◆ Notice how you feel as you touch different lands & seas.

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